

Lesson Schedule: Sept. 2017 to March 2018

Sep. 18, 2017 Mainstream Lessons Begin
Sep. 25

Oct. 2 **+PLUS lessons** Begin

Oct 9

Oct. 16 *Presbyterian Church of the Master

Oct. 23

Oct. 30

Nov. 6

Nov. 13

Nov. 20

Nov. 27

Dec. 4

Dec. 11

Dec 18

Dec. 25, 2017 WINTER BREAK - NO CLASS

Jan. 01, 2018 WINTER BREAK - NO CLASS

Jan. 8

Jan. 15

Jan. 22

Jan. 29

Feb. 5

Feb. 12 *Presbyterian Church of the Master

Feb. 19

Feb. 26

Mar. 5

Mar. 12

Mar. 19 Graduation

***Presbyterian Church of the Master
789 Northdale Blvd NW
Coon Rapids, MN 55448**

+PLUS lessons kick off Oct. 3 from 6:00 to 7:00, so don't be alarmed if you walk in and see folks already dancing! PLUS is a higher level of square dance. It is open to experienced dancers who are confident and comfortable at the Mainstream level and looking for a new challenge. *Cost is \$1 per person (including angels) per class.*

Terminology:

Angels - Dancers who have already completed lessons. May have just graduated or have been dancing for years. We appreciate their help with lessons!

Banner Raids - Square dance clubs have large and small display banners with their club insignias. To 'steal' or retrieve a banner, a club must bring 16 dancers to another club's dance for a large banner or 8 dancers for a small one. The practice of 'stealing' and retrieving banners helps encourage club members to get out and dance at other clubs.

Dangle - You see these hanging from a dancer's name badge. These usually identify fun activities or special event they have participated in.

Square Your Sets - The caller wants everyone to return to their home position.

Stir the Bucket - At the end of the patter call, the caller will often rotate the couples in the square for variety.

Tip - A tip consists of two dances, a patter call and a singing call. A patter call includes music but no lyrics, just calls from the caller. A singing call includes the lyrics of the song mixed in with the dancing calls.

Yellow Rock - A square dance hug! This is strictly optional, and you may choose to just extend a friendly greeting.

Learn to Square Dance

hosted by

Hotfoot Stompers
Square Dance Club

Instructor/Caller: Dean Libby

Monday evenings
7-9 pm

Sept. 18, 2017 - March 19, 2018
(25 sessions total)

*Northdale Middle School
11301 Dogwood St NW

Coon Rapids, MN 55448-2408

*with a few exceptions; see Lesson Schedule

First two nights FREE

October through March lessons
are \$5 per adult.

Students 17 and under FREE

Class graduates (angels) FREE

Welcome:

Hotfoot Stompers would like to extend a warm welcome. Thank you for joining us for lessons.

You'll find that square dancing is a great way to have lots of fun, make new friends, and get low impact aerobic exercise.

Lessons:

- If you attend lessons with a partner, you can choose to dance with your partner, or you can separate and dance with an experienced dancer. Pairing new students with experienced dancers can help the learning process.
- Singles are welcome. If you do not have a partner, club members will be happy to be your partner at lessons.
- When taking lessons, try not to miss any weeks. Each week new material is covered and previously learned moves are reviewed.
- At the end of lessons, the club will have a graduation party for you. After graduation, you are officially club members and can return to future dance lessons free of charge. You will also be qualified to attend Mainstream dances hosted by Hotfoot and other clubs.

About Us:

- Hotfoot Stompers is one of several square dance clubs in the Twin Cities area. There are many others in Minnesota and throughout the US. After you learn the calls, you can dance anywhere in the world because all dances are called in English.
- Hotfoot was established in 1979 and has a membership of around 150 people. Many of our members have danced for years and others are new to dancing.
- Hotfoot hosts monthly dances Sept. - May in addition to other social activities.

Attire:

- For **lessons**, attire is casual.
- For **dances**, women usually wear skirts (pants too) and blouses or tops. Traditional square dance attire is optional. Men wear pants (blue jeans are fine) and long sleeved shirts.
- Many clubs, Hotfoot included, have used clothing sales during lessons. This is a great opportunity to purchase 'dance attire' if you choose.
- Vendors set up shop and sell new square dance attire at special dances.

*Square dance is a blameless activity!
Fun for all ages
We are all here to have a good time.
Even experienced dancers make*

*mistakes.
Relax, laugh, and have a good time.*

Getting to Know You:

- During lessons, you will hear about other activities in which you can participate right away. The Social Committee plans events (usually monthly) which provide opportunities to get to know each other better and make lasting friendships. Examples include bowling, theater, bike riding, summer camp outs, winter getaway weekend at the North Shore, museums, and sporting events. Join in on the fun!
- During lessons, we like to do a profile board of our new students with the intent of getting to know you better.
- The New Dancer Coordinator will contact you to keep you informed of important events and answer any questions.

For further info & FAQ:

www.hotfootstompers.org

For questions:

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